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PSYCHOLOGICAL SUPPORT OF CHILDREN WITH MENTAL RETARDATION

Abstract. In the article it is considered principal directions, objectives and peculiarities of psychological support of younger school children with a mental retardation.

The problem of assistance to children with mental retardation (CMR) has become significantly important in recent years. Especially sharply it is defined the significant growth in the number of children with mental and somatic development last decades. Noticeable place among those there are children with a mental retardation. Moreover, there is a tendency of growth of their numbers every year.

Mental retardation is a special type of mental development of children, which is characterized by immaturity of individual mental and psychomotor functions and psyche in general. It is formed under the influence of genetic, social, environmental and psychological factors.

On the first place the system of psychological assistance to children with mental retardation does not put the defect, it puts the formation and development of the whole personality of a child, which is able to focus their efforts under the guidance of adults for compensation of disorders and the realization of their potential possibilities of a successful joining into the social environment.

At the same time, children with mental retardation need to develop social competence, communication skills with others. Overcoming of social isolation, the expansion opportunities of random interaction with peers is an essential condition of positive changes in the development of such children, also the improvement of their abilities to learning.

Psychological support of the personal development of the child in the educational process is a system of professional work of the various specialists in the creation of conditions for the harmonious development of personality and successful learning.

Besides, the article describes the most effective forms of psychological support, which includes the work with children, parents and teachers in the variety of types and kinds of schools facilities.

Thus, the study of the psychological support of younger school age with mental retardation has an integrated system of psycho-pedagogical conditions, which are promoted to the successful adaptation, rehabilitation and personal growth of children in society.

Key words: Mental retardation, psychological support, diagnosis, correction, up-bringing, teaching, development.

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ПСИХИКАЛЫҚ ДАМУЫ ТЕЖЕЛГЕН БАЛАЛАРДЫ ПСИХОЛОГИЯЛЫҚ ҚОЛДАУ

Аннотация. Мақала кіші мектеп жасындағы психикалық дамуы тежелген балаларды қолдаудың негізгі бағыттарын, міндеттері мен ерекшеліктерін қарастырады.